

◆ **Not to be missed** ◆ **Not to be missed** ◆

OTHER

Understanding Your Breast Cancer Risk Factors from 6:30 to 8:30 p.m. on Jan. 28 at the Lafayette Library, Community Room. Come and experience an event focusing on the most common breast cancer risk factors. A panel of medical experts will give an overview of genetic counseling, MRI breast screening guidelines, extremely dense breast tissue findings, recommendations for chemoprevention therapy and lifestyle changes. Reservations recommended. Call (925) 677-5041 x272 or email to sjung@dvoimg.com.

"All Means All," a joyful service of welcome to LGBTQ folk and their allies, will be held at 9:30 a.m. on Jan. 26 at Our Savior's Lutheran Church, 1035 Carol Lane in Lafayette. Special musical guests are "Emma's Revolution." For more information, (925) 283-3722 or martin@oslc.net.

The free all-new Lamorinda Home Show will present dozens of exhibitors on hand to explain their home improvement products and services indoors at the Lafayette Veterans Memorial Building from 10 a.m. to 4 p.m. on Saturday, Feb. 1. Free admission and free parking to the indoor Lamorinda Home Show. The Lafayette Veterans Memorial Building is off Highway 24 at 3780 Mt. Diablo Blvd.

All Lafayette residents are invited to attend the Lafayette Homeowners Council (LHC) Board's Community Meeting "Issues Night" to be held at 7 p.m. on Feb. 6 at the Community Center's Sequoia Room at 500 St. Mary's Road. Scheduled speakers include Mayor Mike Anderson with "State of the City" remarks followed by School Superintendent Richard Whitmore on our Schools and former Mayor Don Tatzin regarding transportation and traffic is-

ues. This Community Meeting is a chance for our Lafayette residents to hear directly from community leaders followed by a Q&A about issues they find important. Folks can also look on the LHC website for further information at LafayetteHomeowners Council.org

Diablo Ballet presents the second program of their 26th season, "Balanchine & Beyond" at 8 p.m. on Feb. 7 and at 2 p.m. and 8 p.m. on Feb 8 at the Del Valle Theatre in Walnut Creek. The program features selections from five ballets. Tickets: \$15-\$48 (925) 943-7469; lesherartscenter.org, diabloballet.org

Holy Trinity Serbian Orthodox Church 15th Annual Crab Feed and Dance from 6 to 11 p.m. on Feb. 8 at 1700 School Street, Moraga. Chicken available by special advance order request. Dinner & Dance - \$60. Tickets must be purchased in advance. For questions, please call Thea at (925) 672-6799 or (925) 890-0918, or email her at thecubsfan23@yahoo.com.

Welcome to Medicare is a free class presented by Contra Costa Health Insurance Counseling and Advocacy Program (HICAP). You will learn when and how to enroll, about Medicare costs and benefits, prescription coverage, Medicare Advantage plans (HMOs), Medicare Supplements and how Medicare coordinates with other coverage. Classes are monthly on the second Wednesday from 6 to 8:30 p.m. at John Muir Medical Center, Walnut Creek. Upcoming date: Feb. 12. See www.cchicap.org or call (925) 602-4168 to enroll.

Lafayette resident, Papa John Kiefer, will, again, offer workshops on "How to Raise Your Own Chickens." Topics will include raising young chicks, laying hen maintenance, and sustainable

coop construction. Workshops are free and will be held in Lafayette from 1 to 3:30 p.m. on March 1 and 15. Reservations are required. Contact: chickenspapa-john@gmail.com. Location provided upon registration.

SENIORS

Anne Randolph Physical Therapy presentation on Arthritis from 11:30 a.m. to 12:30 p.m. on Jan. 22 at the Sequoia Room, Lafayette Community Center. Live the best life you can with arthritis! Understand the challenges and changes arthritis brings on and find practical solutions to make daily activities easier. Members: free; non-members: \$10.

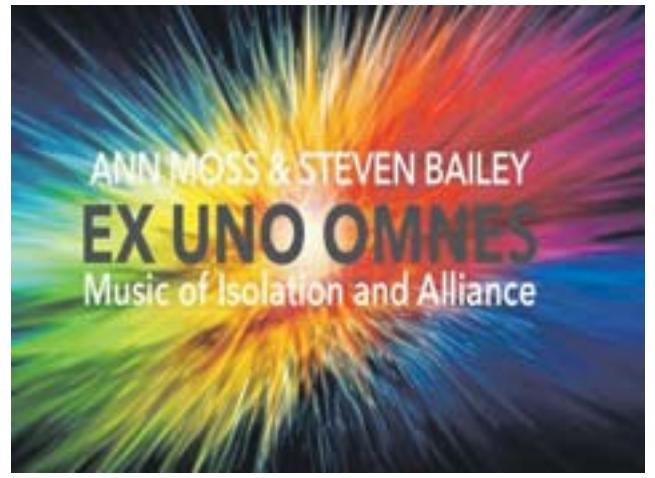
GARDEN

Winter Rose Care Workshop at 10 a.m. Saturday, Jan. 25 at McDonnell Nursery, 196 Moraga Way, Orinda. Email info@mcdonnell-nursery.com or call (925) 254-3713 to reserve a seat.

The Walnut Creek Garden Club will hold its monthly meeting at 10 a.m. on Feb. 10 at the Gardens at Heather Farm, 1540 Marchbanks Drive, in Walnut Creek. The Walnut Creek Historical Society will be speaking and showing a visual presentation. The presenters are Sheila Rogstad, vice-president and archivist of the Walnut Creek Historical Society, and Lee Culver, historian and archivist.

Lafayette Garden General Meeting starting at 10 a.m. on Feb. 13 in the Lafayette Veteran's Bldg, 3780 Mt. Diablo Blvd., Lafayette. Guest Speaker John Greenlee is an expert in grass ecology and champion of sustainable design. Free. Interested members of the public are welcome. For more information please contact twalklet@comcast.net.

THE OSLC CONCERT SERIES PRESENTS



4:00 PM
Sunday, January 26, 2020
Our Savior's Lutheran Church
1035 Carol Lane, Lafayette
Free admission/Freewill offering

HOUSE RENTAL
PUNTA MITA, MEXICO



Call: Tim Southwick cell (510) 385-1372
timsrtob@yahoo.com

THT's 'In the Wings' staged reading series continues

Submitted by Susan Evans

Town Hall Theatre continues the "In the Wings" staged reading series with a one-night only performance of "Incognito," a compelling brainteaser of a play by Nick Payne. Using only four actors to portray 21 characters, Payne's "Incognito" ingeniously weaves together three stories: a pathologist steals Albert Einstein's brain; a neuropsychologist falls in love with another woman; and an amnesiac patient suffering seizures can only remember one thing: the love he has for his wife.

In what the New York Times termed a "self-examining drama of ideas," the play deftly explores the illusory and complicated nature of selfhood, of personal identity and memory. "Incognito" is directed by Anna Smith and will feature Town Hall regulars and Bay Area talents.

"Incognito" will have one performance on Monday, Feb. 3 at Town Hall Theatre Company, 3535 School Street, in Lafayette. Tickets are \$10 general admission and free to subscribers, and are available through the Box Office at (925) 283-1557 or online at www.TownHallTheatre.com.



'Women Composers & Women Performers' concert at SMC Chapel



Submitted by Jean Ahn

Ensemble Ari will be collaborating with SF Opera Soprano Rhoslyn Jones as part of a guest artist concert, "Women Composers & Women Performers," featuring two world premieres by women composers at 7:30 p.m. Saturday, Jan. 25 in the Saint Mary's College Chapel.

Along with song literature by Clara Schumann and Fanny Mendelssohn, American composer Amy Beach's Piano Trio will be performed by Ensemble Ari. Beach's Piano Trio shows her mastery and idiomatic writing that

negates the belief that "women cannot write like men," which prevailed during her lifetime. She is remembered as a central figure in the history of women in music. Local composer and Director of Ensemble Ari, Dr. Jean Ahn says, "We hope to educate young musicians to the wide variety of women composers' works." Violinist Hijung Lee joins the group in this concert and will premiere Sunhee Cho's, "Beyond." Doors open at 7 p.m. and admission is free, but contributions are welcome. Parking is 50 cents per hour in the visitor's lot to the left of the guard's gate.

Service Clubs Announcements

Lafayette Rotary Club

Step in on a Thursday and join us for our lunch meeting.
Thursday at noon Oakwood Athletic Club, 4000 Mt. Diablo Blvd., Lafayette.

January 23: Michaele MaKay McCoy The American Constitution	January 30: Michael Barrington Update on Clean Water and Toilet Project in Honduras
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www.rotarylafayette.org
www.facebook.com/Rotary-Club-of-Lafayette-CA

Lamorinda Weekly

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